

Objective 5: Increase the proportion of pregnancies that are intended

Maryland SHIP Vision Area 1: Healthy Babies

Tools, Resources, and Promising Practices

updated February 2012

Tool Intended Audience

General Public

Clinicians

Planners



Information, Facts, and Figures

[CDC Winnable Battle—Teen Pregnancies](#)

Provides information on teenage pregnancies and includes links to articles and community guide recommendations to preventing teen pregnancies.



[National Campaign to Prevent Teen and Unplanned Pregnancy](#)

The National Campaign works to prevent teen and unplanned pregnancies. This website provides information about their work, free resources to prevent teen and unplanned pregnancies, and other resources.



[Planned Parenthood—Information for Teens](#)

Provides information for teenagers about sex and pregnancies.



Maryland Services and Hotlines

[Family Planning for You](#)

Links users to family planning services in Maryland counties and includes other resources and information related to family planning.



Promising Practices

[Plain Talk about Sex](#)

A community focused group who speaks with parents in the community to increase communication between children and their families about sex, STIs and unintended pregnancies.



[Sistering, Informing, Healing, Living, Empowering \(SiHLE\)](#)

A four-session education program facilitated by African American women- one health educator and two peer educators. Focuses on sexual risk reduction and also empowers young women so they feel they have control over their bodies sexually, and are responsible for their own health.



Spanish Tools

[Family Planning for You, Spanish](#)

Family planning brochure in Spanish, linking users to Maryland county family planning resources.

